



First Edition 2012

# connexion

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# welcome

## From the Director:

Welcome to Childline Zimbabwe's new and improved newsletter for 2012! Without the incredible support of the entire SPAR Zimbabwe team, none of this would be possible, thank you SPAR!

2012 for Childline Zimbabwe brings with it many new hopes and missions. With an increase of 30% in our calls from December 2010 to December 2011, there is increased awareness of our services leading to more children and adults contacting the Helpline.

One of the valued Childline team members, who has been with Childline Zimbabwe for many years, once told me that children reflect the heartbeat of a nation, after my first six months at Childline Zimbabwe, I believe that this is the most accurate statement I have heard. Childline Zimbabwe is currently answering over 65,000 calls per month from children across Zimbabwe reaching out for our help. This shows that our children are truly connected to the heartbeat of our nation, they feel what is happening and they need our help in many different ways.

With 13% of girls being sexually harassed at school and one in four children being abused by their very own care-givers, your support goes a long way in helping us reach out to the children of Zimbabwe who need our love, care and support. The Childline Zimbabwe team is currently working round the clock to provide much needed support to children through our 24 hour toll-free helpline, accessible through a short digit, easy to remember number (116), as well as our free postal service, where children can write letters to us and post them free of charge. 116 is a professional service we offer free of charge to any child who has been affected by child abuse, and in order for our counseling services to be effective we provide additional social services support, linking children with necessary resources and services beyond the expertise of Childline such as legal assistance, police protection, overnight care in a place of safety, access to education etc. Childline does all this whilst advocating for the child's rights on an individual and national scale, using the data we collect to inform the decision makers in Zimbabwe of children's views and wishes and the services needed to ensure children in Zimbabwe are provided with the care and protection they need to grow up into adults.

Many people ask what does Childline Zimbabwe actually do, well the answer is simple: we respond to and follow up on cases and calls from children and concerned citizens about children in need of help, while at the same time linking children in need of care and protection to the services available at a local, national and community level. We also use the data which we collect to inform and advocate for the increased access, availability and improvement of child protection and other child centered services such as health, nutrition and education. Childline Zimbabwe in partnership with the Ministry of Labour and Social Services operates as a hub in Zimbabwe's child protection circle and we are continually advocating for its improvement to better serve the children of our country.

I truly hope that you find this newsletter fun and interesting to read, while at the same time giving you key facts about Childline and the services we provide. I hope that this newsletter continues to speak to every parent, teacher, child and anybody who has responsibility over a child. That makes us all, the entire society to take responsibility and rise up against all that threatens the well-being of our children and the future leaders of our beloved country Zimbabwe.

**Justine Passaportis**  
National Director, Childline Zimbabwe

## connexion

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Childline Zimbabwe

# drop in centres:

## Head Office

31 Frank Johnson Avenue  
Eastlea, Harare  
Tel/fax: +263 4 796741/734252  
Email: casemanager@childline.org.zw

## Old Farm House

Glen-View 3, Harare  
Email: socialworker2@childline.org.zw

## Community Hall

Dzivaresekwa  
Email: socialworker2@childline.org.zw

## Netball Complex

Pazarngwa Street, Mbare, Harare  
Email: socialworker2@childline.org.zw

## Makoni Seke North Clinic

Chitungwiza  
Email: socialworker2@childline.org.zw

## 34A Samuel Parirenyatwa Street

Between 1st/2nd Avenue, Bulawayo  
Tel/Fax: +263 9 880052/888891/64427  
Email: receptionbyo@childline.org.zw

## Malisa Josefa Clinic

Silobela  
Email: kwekwedropin@childline.org.zw

## 778 Manresa Complex, Chipinge

Tel: +263 027/2728/2825  
Email: chipinge.dropin@childline.org.zw

## c/o PLAN Mtoko

Community Hall Mtoko  
Email: mtoko.dropin@childline.org.zw

## c/o PLAN Chiredzi

608 Baobab Rd, Chiredzi  
Tel: 031 3206/3372  
Email: chiredzi.drpin@childline.org.zw

## c/o PLAN Tsholotsho

Business Centre, Tsholotsho  
Email: tsholotsho.dropin@childline.org.zw

## c/o Kwekwe High School

Email: kwekwe.drpin@childline.org.zw

## Baptist Convention Centre

Corner Lobengula/Kopje Street, Gweru  
Tel: +263 54 253488  
Email: admin@gweru@childline.org.zw  
help@linegweru@childline.org.zw

## c/o PLAN Mutare

1st Floor, Msasa House,  
75 Herbert Chitepo Street, Mutare  
Email: mutare.dropin@childline.org.zw



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## DONATIONS:

Account Name: Childline Zimbabwe  
Account Number: 0222028172502  
Bank: STANBIC  
Branch: Minerva

If you are being abused or know of a child who is being abused call

# The Childline Freephone on 116

# BREAKING



## your children's silence

### 10 helpful ways...

Childline listens and comforts children, complementing vital parental efforts. Raising a child is undoubtedly the most rewarding job any of us will ever have and one of the toughest. However, we want parents to talk with children often and early enough in their lives. Answering children's questions before they get facts from somewhere else is very essential. When that happens parents miss a significant opportunity to offer children information that's not only accurate, but also in sync with your personal values and moral principles.

Here are ten helpful ways to talk to your children about relationships, sex, HIV/AIDS, drugs, alcohol, domestic violence etc:

#### ✓ 1. CATCH THEM YOUNG

Children trust their parents and often turn to them first for advice in their early childhood. Today's world is exposing children to tough issues at very early ages via television, movies, the internet, magazines, school friends and they are naturally forced to cope. However in their teenage years they tend to depend more on friends, the media, the internet and outside sources. We want parents to have a wonderful opportunity to talk with children first about these issues. It is vital before anyone else confuses your child with incorrect information or explanations that lack the sense of values that you prefer.

#### ✓ 2. BREAK THE ICE

It is perfectly okay, at times necessary to begin discussions with children. Much as we want children to come to us with any questions and concerns and give us the opportunity to begin conversations, this doesn't always happen. TV and other media can be great tools for this. Say you and your teenager could be watching a program with a plot on teenage pregnancy. Find out from her if she is agreeable with the teenager's behaviors. A question or two could help kick start a helpful discussion that comes from everyday situations and events. Use simple, short words and straightforward explanations. Speak to children separately, even about the same subject. Children of varied ages are usually at different developmental stages, meaning they need different information, have different sensitivities and require a different vocabulary.

#### ✓ 3. TALK ABOUT SEX AND RELATIONSHIPS

It is very common to feel uncomfortable discussing such sensitive subjects, especially sex and relationships with your child. Most parents feel awkward and uneasy, especially if they are anxious about the subject. But for your child's sake, try to overcome your nervousness and bring up the issue with your child. After all the information is awash in the media, on the playground, and sadly it may not include the values we want our children to have.

#### ✓ 4. CREATE AN OPEN ENVIRONMENT

It's up to parents to create a conducive atmosphere for their children to be able to freely approach them and ask questions. Children want parents to discuss difficult subjects with them. Parents need to be encouraging, supportive and positive. Parents must take time to give answers. No matter how busy you are, respond with something like, "That's an interesting question, but I am not sure. Let's go and look it up." You don't need to answer all questions immediately. If your 10 year old asks, "Mom, what's a condom?" while you are negotiating a tricky rush-hour traffic, it's perfectly okay for you to say something like, "That's an important question. But with all this traffic, I can't explain right now. Let's talk, after dinner." And make sure you do.

#### ✓ 5. COMMUNICATE YOUR VALUES

As parents, you have a wonderful opportunity to be the first person to talk with your child about tough issues like drugs and violence before anyone else can confuse him with "just-the-facts" explanations that lack the sense of values and moral principles you want to instill. Likewise when talking to your child about sex, remember to talk about more than "the birds and the bees", and communicate your values. Remember research shows that children want and need moral guidance from their moms and dads, so don't hesitate to make your beliefs clear.

#### ✓ 6. LISTEN TO YOUR CHILD

It is important that we find time to give children undivided attention. Quite often we are enmeshed in preparing for the next day or planning a party and not listen to children talking to us. Listening carefully to our children builds self esteem by letting our youngsters know that they are important to us and can lead to valuable discussions about a variety of sensitive issues. If you are asked a question, before you answer it, ask the child what they think the answer is. If he asks what is "dagga/mbanje". If he says, "I think it's something you smoke and makes you act funny," then you have a sense of his level of understanding and can adjust your explanations to fit. Listening to our children and taking their feelings into account also helps us understand when they've had enough. Suppose you are answering your 9 year old's questions about HIV/AIDS. If, after a while, he says, "I want to go out and play", stop the talk and re-introduce the subject at another time.

## 7. HONESTY IS THE BEST POLICY

Whatever your children's age, they deserve, honest answers and explanations. It's what strengthens our children's ability to trust. Also, when we don't provide a straightforward answer, children make up their own fantasy explanations, which can be more frightening than any real, honest response can offer. While we may not want or need to share all the details of a particular situation or issues with our child, try not to leave any big gaps either. When we do, children tend to fill in the blanks themselves, which can generate a good deal of confusion and concern.

## 8. BE PATIENT

Often it can feel like forever before a child gets his story out. As adults we are tempted to finish the child's sentence for him, filling in words and phrases in an effort to hear the point sooner. Try to resist this impulse. By listening patiently, we allow our children to think at their own pace and we are letting them know that they are worth our time.

## 9. USE EVERYDAY OPPORTUNITIES TO TALK

It's important to try to talk with your children about tough issues often, but there isn't always time in the day to sit down for a long talk. Also, kids tend to resist formal discussions about today's toughest issues, often categorizing them as just another lecture from mom and dad. But if we use "talk opportunities," moments that arise in everyday life, as occasions for discussion, our children will be a lot less likely to tune us out. For instance, a newspaper item about a child expelled from school for beating up and breaking another child's leg can help you to start a discussion on violence. A public service TV commercial can give you an opportunity to talk about HIV and AIDS.

## 10. TALK AGAIN AND AGAIN.

Since most children can only take in small bits of information at any one time, they won't learn all they need to know about a particular topic from a single discussion. That's why it's important to let a little time pass, and then ask the child to tell you what she remembers about your conversation. This will help you correct any misconceptions and fill in missing facts. In an effort to absorb all they want to know, children often ask questions again and again over time, which can test any parent's nerves. But such repetition is perfectly normal, so be prepared and tolerant. Don't be afraid to initiate discussions repeatedly, either. Patience and persistence will serve you and your child well.



## Time out with a Community Volunteer Counselor - Mbare Drop in Centre

Spiwe Dhlwayo (SD) an intern in the Public Relations and Fundraising Department interviewed Harry Piwai (HP) on his experience being a Community Volunteer at the Mbare Drop-In Centre and on the Helpline.

**SD: Hello Harry, thanks for your time. Would you like to tell me who Harry Piwai is?**

**HP:** I am a family man, aged 42 with four children. I am a community volunteer counselor and also a Helpline Counselor. I am also a care-giver with Island Hospice. Life itself motivates me and I enjoy networking with different people from different backgrounds and cultures.

**SD: What inspired you to become a volunteer for Childline?**

**HP:** I am inspired by the need for social change and a passion for children. I am a 'philanthropist' and I have the training skills and experience which empowers me to work with children and their families. I find joy in helping others I have also been helped out by some wonderful people in my life and so it's my time to give back.

**SD: What can you say has been the greatest achievement at the Mbare Drop-In Centre?**

**HP:** The greatest achievement is the ability to have reached thousands of children in need of our services since the establishment of the Mbare Drop-In Centre. Participating in pioneering and establishing the Mbare Drop-In Centre in 2009 is the basis of our achievements. We also conducted a very successful Road Show in November 2011 in partnership with MSF-Belgium raising awareness within the community.

**SD: Do you think the Mbare Drop-In Centre is catering adequately for the children in your society?**

**HP:** Yes to a greater extent we are helping those from Mbare, Sunningdale, Waterfalls and Hopley communities. However the area is vast but with limited resources there is need to improve.

**SD: Can you note some of the challenges you are facing in reaching out to children and families in your area?**

**HP:** The unavailability of adequate resources to fully assist the vulnerable sectors is the biggest challenge. For instance the unavailability of readily accessible funding programs for school fees since BEAM cannot cater for all those in need. Our territory is very big in terms of coverage hence transport is a prerequisite. Provision of bicycles, motor bikes or cars can help in speeding up the process of case follow up and conducting home visits.

**SD: Do you have a message to the children out there?**

**HP:** My message is that every child has the right to be aware of their rights and responsibilities. Once we have a community with children who are aware of their this, then we have a better community. Children should also be aware of cyber-abuses, use technology for good purposes and watch out for perpetrators, report on our toll free number 116, or to the ZRP Victim Friendly Unit, or to teachers or family members.

# children's voices

## A CHILD YES I AM

I am a Child  
A Child yes I am  
I need child's rights  
I want a child's privilege  
I want a child's freedom  
I want a child's liberty

I am a Child  
A Child yes I am  
Justice is what we pray  
Parentage is what we dream  
Shelter is what we desire.

I am a Child  
A child yes I am  
Let parentage be my right  
Let shelter be my privilege  
Let liberty be my desire  
Let freedom be my dream.

I am a Child  
A Child yes I am.  
I abhor an orphan's rights  
I abhor an orphan's privileges  
I abhor an orphan's freedom

I am a Child  
A Child yes I am  
An orphan's justice is a right  
An orphan's fairness is a privilege  
An orphan's parentage is freedom  
An orphan's shelter is liberty.

I am a Child  
A Child yes I am  
I dream an orphan's prayer  
I dream an orphan's parentage  
I desire an orphan's fairness

By Tilda Gozho  
Glen-View High 2

## Kids time



*Talk about it. Most children  
often keep abuse a secret.  
But barriers can be broken  
down by talking openly  
about it.*

Ruvimbo Zhakata, Grade 5A,  
Njerere Primary School

*Remember you are special  
and your body is your body...  
No matter how you feel about  
yourself, no-one deserves to  
be used. Every person  
deserves to be  
loved and looked after.*

Martha Kaunda, Grade 5A,  
Njerere Primary School

## Art Competition!

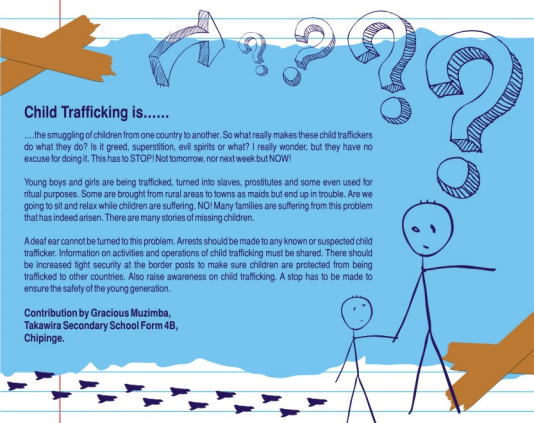
Here is your chance to show the world how creative you can be. Paint or draw a design that will be used on shopping bags, t-shirts, hats etc.,... even graffiti for those that can!!! A design that any child or youth will feel cool to be associated with. Even mums and dads!!! Who knows what a scoop you can make?!!!!... Get started and send it to us immediately.

Childline is children, so help us create our identity. It would be great to have a character associated with Childline.... Like Tsuru Magen'a (the rabbit) is associated with wisdom, Dora the Explorer - what would you associate with Childline and why? We would like to hear from you and who knows what you might win for coming up with the best choice and explanation. Share your ideas right away via post or facebook!!!! Or write to Childline Freepost P.O. Box CY1400, Causeway, Harare or P.O. Box CY1795, Bulawayo



Childline Zimbabwe





## Child Trafficking is.....

....the smuggling of children from one country to another. So what really makes these child traffickers do what they do? Is it greed, superstition, evil spirits or what? I really wonder, but they have no excuse for doing it. This has to STOP! Not tomorrow, nor next week but NOW!

Young boys and girls are being trafficked, turned into slaves, prostitutes and some even used for ritual purposes. Some are brought from rural areas to towns as maids but end up in trouble. Are we going to sit and relax while children are suffering. NO! Many families are suffering from this problem that has indeed arisen. There are many stories of missing children.

A deaf ear cannot be turned to this problem. Arrests should be made to any known or suspected child trafficker. Information on activities and operations of child trafficking must be shared. There should be increased tight security at the border posts to make sure children are protected from being trafficked to other countries. Also raise awareness on child trafficking. A stop has to be made to ensure the safety of the young generation.

**Contribution by Gracious Muzimba,  
Takawira Secondary School Form 4B,  
Chipinge.**



# the right to be loved

...even for physically challenged children.

Over the last few years Childline has seen an increase in child-callers to the 116 Helpline. This coincides with the rapid expansion, availability and affordability of cell-phones in Zimbabwe. As a result we have a number of "regular" child-callers who sometimes call the toll-free Helpline several times a day, having built up their trust in the Helpline to respond to their needs, and use the Helpline as a safe sounding-board to listen to their concerns and talk through anything that is on their mind. These regular child-callers have become well-known to our dedicated volunteer counselors who operate the Helpline 24/7.

One day Childline's 116 Helpline received a call from an angry adult demanding to know what this "116" number was all about, concerned about the number of calls their child was making to 116 and how this was being done without any airtime being provided. After some time spent explaining how the Child Helpline works, the adult told Childline that her son was physically challenged and the family had given him a cellphone so as to be able to check on him whilst he was left at home on his own and they were at work or out for the day. The adult caller then went on to seek assistance from Childline as the family was struggling to come to terms with the conditions of this disability. Childline's Helpline counselor provided advice and counseling on how to better care for their disabled child, as children with disabilities have rights just the same as any other child. A few weeks later Childline received a call from the young man to say hi to all the Helpline volunteers he had gotten to know over the phone and he explained things had greatly improved at home and this was the reason for not calling so often anymore.

**By Jonathan Muchuchu, Helpline Manager.**

# feature schools

## FEATURING GATEWAY PRIMARY SCHOOL

Childline has for the second year running been chosen by Gateway Primary School's Grade 6M class as the charity organization of their choice taught by Mrs. Pamela Murray. A presentation on Childline was made to her class. Children had very interesting and useful questions to ask. Grade 6M will tour Childline's Helpline in Eastlea and then go on to visit the Drop-in Centre located in the high density area of Mbare to gain more insight into Childline's work. We joined parents with children from Grade 6M on the Market Day at Gateway Primary School on Saturday 11 February. Funds raised on the day will be presented to Childline at a special school assembly. Both Gateway Primary & High School are great Friends of Childline supporting us especially in donating toys and children's clothing to the needy children that we serve. They are outstanding participants on Childline Day, coinciding with the commemoration of the Day of the African Child on the 16th of June annually.



**16 June is the Day of the African Child.**  
**Friday 15th June is Childline Day commemorating the Day.**  
**Invitations have been sent to schools for participation.**

## Candid Chat with Aunty Ida!

### Concern: I hate my name...

Our parents usually give us names that bring memories to them. When they do this, they seem to forget that we will grow up and live with those names, after all that is your identity and everyone ought to be proud of who they are. To worsen the situation, our friends continue to ask us about the meaning of certain names and even ridicule us.

**ANSWER:** Maybe it is too late to change it, but you can do something about it. Find out from your parents what the name means to them, it could have some sentimental value attached to it but just that they have not explained to you. Can the name be shortened perhaps to give it a slightly different meaning? Some people have gone so far as to change their names through the legal system, of course this comes with a cost. Best of all, love yourself and your name and you will be surprised that others will love it too. Your name should not make you less important or inferior. You can be great and others might even want to name their children after you because they emulate you..... *Ida*

*Here is your chance to write in and ask about all those issues that affect you as a young person and we will discuss them in this column.*



Ida Chakaingesu  
Senior Counsellor

"Too often children, young people and adults alike have questions that they are either too embarrassed to ask or nobody has answers for. Some issues we just cannot discuss with our parents or peers."

# FUNKY teen!

To the world, I am Thamsanqa Moyo but to my friends I am Tammy. I am 14 years old and studying at the best and funkiest school to me, Westridge High.

My role as a funky teen is to motivate and inspire other teenagers to fulfill their dreams and aspirations and have a great time at it. My dream is to become a successful and well educated musician. This involves both music and school. This was after my parents had discovered my gift and passion for music. My parents have been my number one fans and they continue to encourage me to do my best in everything I do. I have performed on big platforms with several artists, HIFA, NAMA, Manica Festival, and A-Academy, just to name a few. The highlight of my life is when I went to USA and sang at Madison Square Garden.



**Childline Ambassador Thamsanqa Moyo (Tammy)**

Before music, comes school of course. With the help of my mom, I've learnt to balance my school work and music. My key to success is good management of my time. When it's school time, guitars aside and books ahead.

I was recently appointed Childline Zimbabwe Ambassador of Goodwill. I appreciate the honor and I only hope to sincerely carry out my duty as a role model to thousands of children across the nation. As Childline Ambassador, I believe I represent the young children out there and share their views and ideas on behalf of them to the world.

My life outside school and the music scene is just like any other typical teenager's life, chores being one of the major and real deals. I get to hang out with my girlfriends, gossip, talk about cute dudes like any teenage girl would, talk about the latest things on the teen scene, be it fashion, music, social networks, the list is endless.

## Teen Tips

If you ask most grownups, they say their teenage experience was just the bomb. I'm sure most teenagers agree with this. My advice to all young people is to enjoy your time as a youngster but don't spoil it. Let's not enjoy today and make decisions that will ruin the rest of our lives. Do everything with a purpose in mind. In all this, God comes first in my life. For me to be what I am God is the One behind it all. Keep it fresh, funky and real!!

I look forward to sharing other great funky teen experiences with all my young people. Love and peace!!

♥ Tammy

## upcoming events!

24-28 April - ZITF Bulawayo

1-6 May - HIFA

17 May - World Telecomms Day

16 June - Day of the African Child

Make a date with Childline Ambassador Tammy at events.

# 25 Years of CHILDLINE

## ChildLine UK Celebrates 25 years with the BBC: "Running out of Tears: Twenty Five Years of ChildLine"

Childline Zimbabwe is proud to be associated with the achievements and impact made by ChildLine UK. Although each organisation shares the same name and provides the same basic services of a toll-free 24-hour child helpline to children in the country of operation, Childline Zimbabwe does not benefit from any financial or in-kind support from the sister organisation in the UK. Each organisation is run independently sharing only best practices and knowledge on how to provide better quality counseling and help to the hundreds and thousands of children who call the Helpline for assistance and support. There are ChildLine's operating in over 100 countries in the world all being run individually. In 1997 ChildLine UK gave advice and information to a group of women in Zimbabwe who planned to establish a Childline in Zimbabwe. This valuable guidance from the UK has enabled Childline Zimbabwe to be the organisation it is today. For this reason we celebrate ChildLine UK's 25th anniversary. The following article was published by the BBC to commemorate this noble achievement.

The moment the Childline UK programme started, the phones began to light up. Some calls were silent, with only a child's breathing to reveal that they were struggling to find the words. Others spoke in sentences hacked to pieces by sobbing. A difficult first call was talking to a child from Glasgow, who described the physical and sexual abuse that she and her sisters suffered, night after night. Her voice was so racked with pain that, to the counsellor's shame she could barely understand her.

This year marks the 25th anniversary of the launch of ChildLine UK. Over the years, 2.7 million children have trusted ChildLine UK. It has saved lives, brought abusers to justice, brought families together, and given children hope. Much has changed since 1986: today, mobile phones mean that children no longer need to find a phone box. Sexual abuse is no longer the most common problem for children who call ChildLine UK – in fact, research shows that it has lessened a little in the UK, perhaps due to the deterrent effect of ChildLine UK's existence.

Yet children today still feel pain that they dare not share with those around them, whether from divorce or bereavement, bullying or abuse. When a family shatters, children are the first casualties – and the collapse of the extended family, and the decline of community life, have meant that those same children are already far lonelier than they might once have been.

ChildLine across the globe has had to learn how to deal with such complex problems. When the idea of a child Helpline was first developed in the UK, the founders argued that it should not be an anonymous service. The argument against this was that the child Helpline would be colluding with the abusers by not compelling children to tell us who and where they were.

Very early on, one of ChildLine UK's counselors was talking to a little girl who described the sexual abuse she had suffered at the hands of her father. She was persuaded to reveal her name and address, and a police officer went to her home. Her father opened the front door, with his arm around the girl. Hearing why the officer had called, he looked at her and laughed. *"She's always up to mischief, that one. It must have been one of her jokes."* The child stayed silent, and the front door closed. If she was indeed telling the truth, she was now in even greater danger.

ChildLine UK soon realized that the best way to help abused children was to lift their confidence to the point where they felt able to ask for help without fear. Those who rang ChildLine UK when they were young have reported now that the experience of talking to a stranger, safely and confidentially, made them believe that somebody cared, allowed them to feel that there was hope. They had frequently been threatened into silence: even if their claims were believed, they were convinced that speaking out would mean that their mother would be killed, their father would go to prison, their siblings would be taken away.

Another child called ChildLine UK to tell the counsellor that her father and his friends were forcing her to take part in pornographic photography sessions. Next time, he said, he would use her six-year-old sister, too. *"You must tell us where you are,"* I pleaded. But she was adamant. *"No, I can't tell you. Because I have two daddies, Lovely Daddy and Monster Daddy. And you'll come and take Monster Daddy away, and I'll lose Lovely Daddy, too."* How can you protect children when you can't identify them? We do so by finding allies for them, and empowering them to ask for help. Often, there is a trusted adult they can confide in, so we encourage a child to practice those conversations until they have enough confidence to find the words for real. Sometimes, we refer them to other agencies, the police or social services. If we judge that their lives are in immediate danger, we trace the call and bring help.

It would be good to believe that eventually, we will run out of young people who need saving. But the hidden despair of abused or neglected children will always be with us. At least now, we have learnt how to give them a voice.

# fun & games!

## Word Game

Complete the word ladder by changing just one letter each time.

Example: CAT, COT, DOT, DOG.

\_\_\_\_\_ HOUR

\_\_\_\_\_ A number

\_\_\_\_\_ Sometimes happens in sport

\_\_\_\_\_ GOAL

\_\_\_\_\_ A young animal

Look at the clues below and see if you can make new words by changing just one letter in each of these words.

1. Change DANCE into a kind of spear.
2. Change STORE into something near the sea.
3. Change SLEEP into an animal.

Put a different letter in front of ARE each time to make new words with the following meanings.

1. A female horse
2. Uncommon
3. Challenge

Can you rearrange the jumbled letters into an 11-letter word for a small creature?

PARCEL TRAIL

Can you also use some of the letters to find three 5-letter words?

1. Month of the year
2. Danger
3. Jumped

Can you find a fruit in the words below?

ESCAPE ARTIST

## Word Search

Find and circle all of the ice-cream flavours that are hidden in the grid. The words may be hidden in any direction.

ALMOND  
BANANA  
BLUEBERRY  
BUTTER PECAN  
CHERRY  
CHOCOLATE  
CINNAMON  
COOKIE DOUGH  
HAZELNUT  
LICORICE  
MAPLE WALNUT  
NEAPOLITAN  
PEACH  
PISTACHIO  
PUMPKIN  
ROCKY ROAD  
STRAWBERRY  
VANILLA

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| O | I | H | C | A | T | S | I | P | B | B | N | K | N | A | O |
| O | R | L | V | C | N | A | I | L | T | A | T | Y | N | O | U |
| C | H | E | A | A | Y | A | U | A | T | M | U | R | O | L | C |
| V | H | C | C | E | N | E | C | I | U | T | N | R | M | A | T |
| U | R | O | A | I | B | I | L | E | U | L | L | E | A | L | K |
| P | O | C | C | E | R | O | L | N | P | B | A | H | N | M | U |
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| L | K | R | I | A | L | E | C | N | A | U | E | E | I | N | O |
| B | Y | U | E | E | Z | A | A | I | E | R | L | T | C | D | R |
| I | R | N | T | A | C | N | T | E | L | O | P | E | T | L | K |
| N | O | U | H | E | A | K | C | E | I | B | A | B | A | U | B |
| A | A | T | A | P | U | M | P | K | I | N | M | A | K | B | B |
| A | D | S | T | R | A | W | B | E | R | R | Y | T | Z | R | N |
| O | T | H | G | U | O | D | E | I | K | O | O | C | H | H | C |



**SPAR**



# Family Fun Run

in aid of



**FREEPHONE 116**

SPAR supports Childline



**DATE: 3rd June 2012**

**VENUE: Old Georgians Sports Club, Harare**

**ENTRY FEE: \$5**

**STARTING TIME: 11am**

**REGISTRATION FROM 9AM | 10KM RUN OR 5KM WALK**

A fun day for the whole family!

**FULL BAR & CATERING. KIDS ENTERTAINMENT.**



SPAR. Zimbabwe

**My**

**SPAR**



**good for me**

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